

# Useful NDIS Terms

Here are some common NDIS terms to help you understand your plan better.

- **Advocacy:** Support from individuals or organisations that help you understand your rights and navigate the NDIS system.
- **Capacity Building:** Supports and services that help you develop skills and independence. This can include training, therapy, and support to help you achieve your goals.
- **Capital Supports:** This refers to funding for one-off purchases that improve your independence, such as home modifications or assistive technology.
- **Choice and Control:** This means you have the [right](#) to choose your supports and make decisions about what is best for you within your approved plan.
- **Community Engagement:** The ways people take part in their community. This can include joining in activities and feeling included.
- **Core Supports:** These are the everyday [supports](#) you need to live your life. They may include assistance with daily activities, transport, and consumables like personal care items.
- **Funding Agreement:** A formal agreement that outlines the funding available to you under your NDIS plan, including how it can be used.
- **Goal:** A specific outcome you want to achieve with your NDIS plan. Goals help guide the supports you choose.
- **Local Area Coordination Partners (LAC):** Community organisations that work with the NDIS. They hire [Local Area Coordinators](#) who help you write and manage your plan.
- **Mainstream Services:** Services that are available to everyone, not just people with disabilities. Examples include healthcare, education, and public transport.
- **NDIA:** Stands for the [National Disability Insurance Agency](#). This is the organization that runs the NDIS.
- **NDIS:** Stands for the [National Disability Insurance Scheme](#). This program helps people with disabilities by providing funding for supports and services.

- **NDIS Act:** The law that sets the rules for how the NDIS operates.
- **NDIS Operational Guidelines:** [Documents](#) that explain how the NDIS should work. They help planners make decisions about funding and supports.
- **Nominee:** A person who can make decisions for a participant who is 18 years or older. This could be a family member or friend.
- **Participant:** A person with a disability who has an NDIS plan.
- **Plan Review:** A meeting or process where you and your planner discuss how well your current plan is working and whether changes are needed.
- **Planner:** A person who works for the NDIA and helps approve NDIS plans.
- **Provider or Service Provider:** An organisation or individual that offers services or products to help you reach your goals.
- **Registered Provider:** A [provider](#) that meets the standards set by the NDIS. They are approved to deliver services to participants.
- **Self-managers:** NDIS participants who choose to manage all or part of their NDIS funds themselves. This means they pay their providers directly and keep track of their spending.
- **Supplier:** Someone who sells or rents equipment or items to participants, such as mobility aids or communication devices.
- **Support Plan:** A [document](#) that outlines the supports you will receive, how they will be delivered, and how they relate to your goals.
- **Transition Support:** Assistance provided to help participants move from one type of support or service to another, ensuring continuity of care.

## References

National Disability Insurance Agency (NDIA). (2024). [Understanding Your Plan.](#)

National Disability Insurance Agency (NDIA). (2024). [Glossary.](#)

National Disability Insurance Agency (NDIA). (2024). [Self-management.](#)